## Morning Session, from 08:45 to 10:30 CET

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>08:45</td>
<td><strong>Soft Launch</strong></td>
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| 08:45-09:00 | **Fade-in and Soft Launch**  
Exercise to serve as an icebreaker with a first round of creative introductions |
| 09:00-09:05 | **Opening Remarks**  
Opening by ISO Secretary-General, Sergio Mujica  
Aims & Reasoning: Why are we doing this? Head of ISO/CS Research & Innovation Unit, Belinda Cleeland |
| 09:05-09:30 | **Plenary presentation and discussion**  
Introduction to Foresight: What is it, Why is it used, How is it done? Cornelia Daheim, Future Impacts |
| 09:30-09:45 | **Initial Plenary Discussion**  
(Q&A on insights so far, thoughts and reactions etc.) |
| 09:45-10:05 | **Exercise**  
Exercise: Deep Dive into Change in the Global Environment, working with the EU JRC Megatrends  
*In the final 2 mins, participants are asked to email in their worksheets.* |
| 10:05-10:25 | **Conclusions & Final Reflections**  
Results from the exercise, Q&A, and Next Steps |
| 10:30 | **Workshop End** |

## Repeat Session in the Afternoon, from 14:45 to 16:30 CET

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>14:45</td>
<td><strong>Soft Launch</strong></td>
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| 14:45-15:00 | **Fade-in and Soft Launch**  
Exercise to serve as an icebreaker with a first round of creative introductions |
| 15:00-15:05 | **Opening Remarks**  
Opening by ISO Secretary-General, Sergio Mujica  
Aims & Reasoning: Why are we doing this? Head of ISO/CS Research & Innovation Unit, Belinda Cleeland |
| 15:05-15:30 | **Plenary presentation and discussion**  
Introduction to Foresight: What is it, Why is it used, How is it done? Cornelia Daheim, Future Impacts |
| 15:30-15:45 | **Initial Plenary Discussion**  
(Q&A on insights so far, thoughts and reactions etc.) |
| 15:45-16:05 | **Exercise**  
Exercise: Deep Dive into Change in the Global Environment, working with the EU JRC Megatrends  
*In the final 2 mins, participants are asked to email in their worksheets.* |
| 16:05-16:25 | **Conclusions & Final Reflections**  
Results from the exercise, Q&A, and Next Steps |
| 16:30 | **Workshop End** |